

▶▶▶ **ACTION**  
FOR PEOPLE WITH DISABILITY

## INFORMED & EMPOWERED WORKSHOP SERIES

# DISABILITY & DECISION MAKING

Let's discuss the differences between supported and substitute decision making, and build our understanding of circles of support and the importance of community.



What Is It? (please click the title to see the resource)	Summary	Author	Is this an Easy Read Resource?
<a href="#"><u>How your Guardian Makes Decisions</u></a>	<p>This document explains how a NSW Civil and Administrative Tribunal-appointed guardian decides for someone with impaired decision-making. It covers their duties, emphasizing acting in the person's best interests and following legal rules.</p>	<p>NSW TAG (New South Wales Trustee and Guardianship)</p>	<p>Yes</p>
<a href="#"><u>Easy Read Supported Decision Making Framework</u></a>	<p>CID's Easy Read Supported Decision Making Framework helps individuals with intellectual disability make decisions with support, promoting independence and collaboration.</p>	<p>Council for Intellectual Disability</p>	<p>Yes</p>
<a href="#"><u>Decisions, Decisions, Decisions (a film about making decisions)</u></a>	<p>Inclusion Australia's 'Decisions, Decisions, Decisions' resource offers guidance on decision-making for people with intellectual disability, empowering them to make informed choices with support.</p>	<p>Inclusion Australia</p>	<p>Yes</p>

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<p><a href="#"><u>Make Decisions Real (decision making national project/ list of resources)</u></a></p>	<p>Make Decisions Real is a national project collaboratively designed by individuals with intellectual disabilities, aimed at providing guidance to people with disabilities and their families on decision-making.</p>	<p>Inclusion Australia</p>	<p>No</p>
<p><a href="#"><u>Supported Decision-making and Capacity Information</u></a></p>	<p>Discover more about supported decision-making and understand the concept of lacking decision-making capacity.</p>	<p>NSW TAG</p>	<p>No</p>
<p><a href="#"><u>Supported Decision Making (information &amp; advocacy service)</u></a></p>	<p>The webpage explores supported decision-making, where individuals with disabilities receive assistance in decision-making about their lives. It explains the process, benefits, and how it empowers individuals to express their rights and preferences.</p>	<p>Adacas Advocacy</p>	<p>NA</p>

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<p><u><a href="#">Supported Decision Making Conversation Cards</a></u></p>	<p>These card sets aid in communication with your support network, designed to facilitate more independent decision-making. Use them to discuss various aspects of your life with your supporters, fostering collaboration in decision-making while enjoying the process!</p>	<p>Council for Intellectual Disability</p>	<p>Yes</p>
<p><u><a href="#">Making My Own Decisions Video Explanation</a></u></p>	<p>The video illustrates the proper support for individuals with intellectual disability in decision-making, focusing on CID's Easy Read Supported Decision Making Framework. Supported decision-making involves receiving assistance to make more independent choices.</p>	<p>Council for Intellectual Disability</p>	<p>Yes</p>

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<p><u>'Decisions I Make Now' (decision making worksheet/template)</u></p>	<p>This worksheet is a guide for people to distinguish the difference between making big and small decisions</p>	<p>Flinders University</p>	<p>Yes</p>
<p><u>'Decisions I Want to Make' (decision making worksheet/template)</u></p>	<p>This worksheet is a guide for people to determine decisions that they want to make such as moving out of home, finding employment, buying a new iPhone</p>	<p>Flinders University</p>	<p>Yes</p>
<p><u>My Circle of Support (decision making worksheet/template)</u></p>	<p>This worksheet is a guide for people to identify who they want to have in their circle of support</p>	<p>Flinders University</p>	<p>Yes</p>

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<p><u><a href="#">How I tell People Things &amp; How to Give Information (decision making worksheet/template)</a></u></p>	<p>This worksheet is a guide for people to determine how they tell people things and how to give information</p>	<p>Flinders University</p>	<p>Yes</p>
<p><u><a href="#">Who I Want in my Behavior Support Team (decision making worksheet/template)</a></u></p>	<p>This worksheet is a guide for people to determine who they want in their behaviour support team</p>	<p>Flinders University</p>	<p>Yes</p>
<p><u><a href="#">What Will Help me Live a Good Life? (decision making workbook)</a></u></p>	<p>This workbook is a guide for identifying what a person needs to live a good life</p>	<p>Flinders University</p>	<p>Yes</p>
<p><u><a href="#">What Information Should People have About Me? (decision making worksheet/template)</a></u></p>	<p>This worksheet is a guide for people to understand what information other people should know/ have about them</p>	<p>Flinders University</p>	<p>Yes</p>

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<p><u><a href="#">Do I Want to Change My Plan (decision making workbook)</a></u></p>	<p>This workbook is a guide for identifying whether or not the individual would like to change their behavioural support plan</p>	<p>Flinders University</p>	<p>Yes</p>
<p><u><a href="#">Making Decisions About your Behaviour Support Plan</a></u></p>	<p>This is a guide on how to make an informed decision/s about your behavioural support plan</p>	<p>Flinders University</p>	<p>Yes</p>
<p><u><a href="#">Your Service, Your Rights: conversation cards</a></u></p>	<p>The resource offers conversation cards to help individuals grasp their rights when accessing disability services. It covers key topics like choice, privacy, safety, and communication, fostering discussions and empowering self-advocacy.</p>	<p>Inclusion Australia</p>	<p>Yes</p>